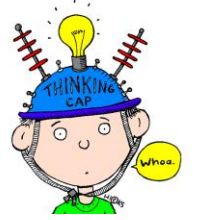# Let's Think about Choices!

Name _____

Date _____

Reason
Why did I make this choice?

Reactions
What happened after?

How was I feeling?

How I Feel Now

Choice

What happened before?

How Others Feel Now

What did you learn about your choice? _____
_____

What choice will you make next time? _____
_____